**Physical Education**

**Long Term Plan**

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| **PHYSICAL EDUCATION** | | **Term 1** | **Term 2** | **Term 3** | **Term 4** | **Term 5** | **Term 6** |
| Reception  (Physical Development) | Lesson | PPA cover  with Mrs Cassin  **DANCE** | | PPA cover with Mrs Cassin  **GYMNASTICS** | | PPA cover  with Mrs Cassin  **GAMES** | |
| Yr 1/2 | Lesson 1 | **Skills (kicking) Intro’ to Football** | **Skills (spatial awareness)**  **Intro’ to Tag Rugby** | **Dance  -** | **Dance - The Great Fire of London** | **Sports Day preparation**  **Intro’ to Athletics**  **(Sports Day 19th June)** | **Athletics** |
| Lesson 2 | **Gymnastics** | **Skills (hitting)**  **Intro’ to Hockey** | **Skills (throwing)**  **Intro’ to Netball** | **Gymnastics** | **Skills (hitting) Intro’ to Rounders** | **Skills (hitting)**  **Intro’ to Tennis** |
| Yr 3/4 | Lesson 1 | **Invasion games**  Football | **Invasion games**  Hockey | **Dance** | **Dance** | **Sports Day preparation**  **Athletics** | **Striking & Fielding** Cricket |
| Lesson 2 | **Gymnastics** | **Invasion games**  Netball | **Invasion games**  Tag Rugby | **Gymnastics** | **Striking & Fielding**  Rounders | **Net/wall games**  Tennis |
| Yr 5/6 | Lesson 1 | **Invasion games**  Football | **Invasion games**  Hockey | **Dance** | **Dance** | **Sports Day preparation**  **Athletics** | **Striking & Fielding** Cricket |
| Lesson 2 | **Gymnastics** | **Invasion games**  Netball | **Invasion games**  Tag Rugby | **Gymnastics** | **Striking & Fielding**  Rounders | **Net/wall games**  Tennis |